

# Novena To Our Lady of Lourdes

*The Novena is prayed each day or nine days.*

*Go to Mass and Holy Communion at least once during the Novena.*

*It is also recommended that you receive the Sacrament of Reconciliation during the Novena.*

Mary,  
Our Lady of Lourdes,  
You appeared in the hollow of the rock of  
Massabielle to Bernadette, a small and  
simple shepherdess from Bigorre.  
You brought her the radiant light of your  
smile, the gentle, resplendent brightness  
of your presence.

Day by day, you built a relationship with  
her where you looked at her like one  
person talking to another.  
We, too, come here before you in our  
poverty, and we humbly pray to you.  
May those who doubt discover the joy of  
trust, may those who despair sense your  
discreet presence.

Mary, Our Lady of Lourdes,  
you revealed your name to Bernadette  
by simply saying  
"I am the Immaculate Conception".  
May we discover the joy of a forgiveness  
that never falters, instil in us the desire for  
a rediscovered innocence and a joyful  
holiness. Help the blinded sinner.

You who gave birth to the Saviour of the  
world, look tenderly on our beautiful but  
tragic world. Open in us the path of hope,  
guide us to the One who is the Living  
Source, Jesus, your Son, who teaches us to  
say Our Father. AMEN

*(Pray a decade of the rosary)*

Invocations:

"Our Lady of Lourdes, pray for us!"

"Saint Bernadette, pray for us!"

"O Mary, conceived without sin, pray for us  
who have recourse to thee!"



# Novena to Saint Bernadette Soubirous

*The Novena is prayed each day or nine days.*

*Go to Mass and Holy Communion at least once during the Novena.*

*It is also recommended that you receive the Sacrament of Reconciliation during the Novena.*

Dear Saint Bernadette,  
Chosen by Almighty God as a channel of His Graces and Blessings, and through your humble obedience to the requests of Our Blessed Mother, Mary, you gained for us the Miraculous waters of spiritual and physical healing.

We implore you to listen to our pleading prayers that we may be healed of our spiritual and physical imperfections.

Place our petitions in the hands of our Holy Mother, Mary, so that She may place them at the feet of Her beloved Son, Our Lord and Saviour Jesus Christ, that He may look on us with mercy and compassion: *(Make Petition)*

Help us, O Dear Saint Bernadette to follow your example, so that irrespective of our own pain and suffering we may always be mindful of the needs of others, especially those whose sufferings are greater than ours.

As we await the Mercy of God, remind us to offer up our pain and suffering for the conversion of sinners, and in reparation for the sins and blasphemies of mankind.

Pray for us, that like you, we may always be obedient to the will of Our Heavenly Father, and that through our prayers and humility we may bring consolation to the Most Sacred Heart of Jesus and the Immaculate Heart of Mary that have been so grievously wounded by our sins.

Holy Saint Bernadette of Lourdes,  
Pray for us.  
AMEN.

*(Pray a decade of the rosary)*

O Mary conceived without sin, pray for us who have recourse to Thee. *(say 3 times)*

