



DIOCESE OF  
SHREWSBURY

## Prayer Resource for January: month of the Holy Name

'At the name of Jesus, every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.' *Philippians 2:10-11*

**Prayer:** *taken from the Roman Missal*

O God, who founded the salvation of the human race on the Incarnation of your Word, give your peoples the mercy they implore, so that all may know there is no other name to be invoked but the Name of your Only Begotten Son. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

### Prayer of Saint Alphonsus:

O my Jesus, thou art the Saviour who hast given Thy blood and Thy life for me, I pray Thee to write Thy adorable name on my poor heart; so that having it always imprinted in my heart by love, I may also have it ever on my lips, by invoking it in all my necessities. If the devil tempts me, Thy name will give me strength to resist him; if I lose confidence, Thy name will animate me to hope; if I lose confidence, Thy name will animate me to hope; if I am in affliction, Thy name will comfort me, by reminding me of all Thou hast endured for me. If I find myself cold in Thy love, Thy name will inflame me by reminding me of the love Thou hast shown me. I have fallen into so many sins, because I did not call on Thee; from henceforth Thy name shall be my defence, my refuge, my hope, my only consolation, my only love. Thus do I hope to live, and so do I hope to die, having Thy name always on my lips. Amen

### A Short Litany:

Jesus, hear us. Jesus, graciously hear us.  
God, the Father of Heaven, have mercy on us.  
God the Son, Redeemer of the world,  
    have mercy on us.  
God, the Holy Spirit, have mercy on us.  
Holy Trinity, one God, have mercy on us.  
Jesus, Son of the living God,  
    have mercy on us.  
Jesus, Splendour of the Father,  
    have mercy on us.  
Jesus, Brightness of eternal Light,  
    have mercy on us.  
Jesus, King of Glory, have mercy on us.  
Jesus, Sun of Justice, have mercy on us.  
Jesus, Son of the Virgin Mary,  
    have mercy on us.  
Jesus, most powerful, have mercy on us.  
Jesus, most patient, have mercy on us.  
Jesus, most obedient, have mercy on us.  
Jesus, meek and humble of heart,  
    have mercy on us.  
Jesus, God of Peace, have mercy on us.  
Jesus, Author of Life, have mercy on us.  
Jesus, Model of Virtues, have mercy on us.  
Jesus, zealous for souls, have mercy on us.  
Jesus, our Refuge, have mercy on us.  
Jesus, Father of the Poor, have mercy on us.  
Jesus, good Shepherd, have mercy on us.  
Jesus, true Light, have mercy on us.  
Jesus, eternal Wisdom, have mercy on us.  
Jesus, infinite Goodness, have mercy on us.  
Jesus, our Way, our Truth and our Life,  
    have mercy on us.  
Jesus, King of the Patriarchs,  
    have mercy on us.  
Jesus, Master of the Apostles,  
    have mercy on us.  
Jesus, Teacher of the Evangelists,  
    have mercy on us.  
Jesus, Strength of Martyrs, have mercy on us.  
Be merciful, graciously hear us, O Jesus!  
Jesus, hear us. Jesus, graciously hear us.



more prayer resources are  
available here:  
[www.dioceseofshrewsbury.org](http://www.dioceseofshrewsbury.org)