



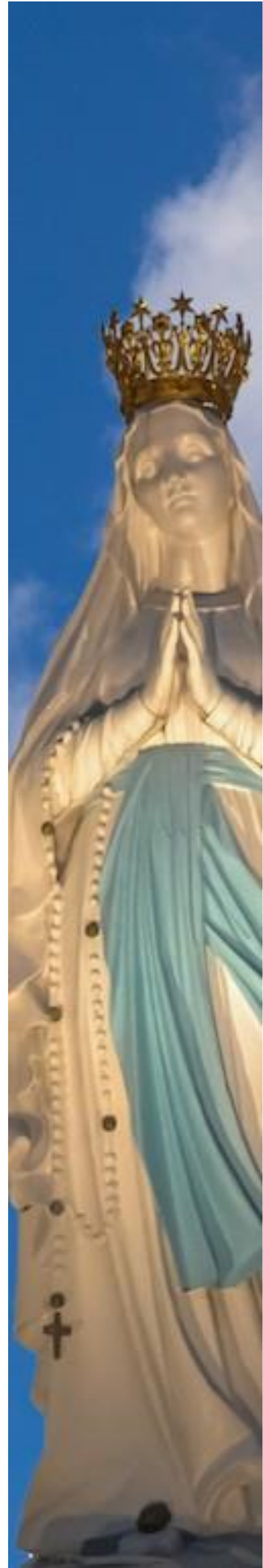
Shrewsbury Lourdes Hospitality

invites you to....

WALK5 PRAY5 DONATE5

The journey to Lourdes is an important part of the pilgrimage to Lourdes, it is the first time the pilgrimage gathers together, meets old and new friends and gives feelings of both excitement and apprehension of the journey and week ahead.

Therefore, as we can unfortunately not make a pilgrimage to Lourdes this year, we hope as a pilgrimage family we can collectively walk the 1207km from Shrewsbury Cathedral to Lourdes throughout July 2021 and aim to reach Lourdes by the 30th July 2021 in time for the first day of the Virtual Pilgrimage on 31st July 2021.



WALK5 - we invite you to walk 5km - this can be all in one go or split amongst shorter walks. 1312 steps make up 1km if you want to track this way. This can be alone, with friends or family. Please register the completion of your walk at <https://forms.gle/LEfChzeRTpKCkDi7A>. If you can't access the online form then please text/call 07451 249267 or email events@teamshrewsbury.co.uk.

PRAY5 - we invite you to pray for 5 minutes, say 5 prayers or take part in our 5 minute reflection available on youtube -

www.youtube.com/channel/UCu3r6ConukJ9AU1F3BOaMXA

DONATE5 - we encourage you to donate £5 using our online link -

<https://app.investmycommunity.com/ShrewsburyLourdesHospitality> - all proceeds raised will be split equally between the sanctuary of Lourdes and the Hospitality Notre Dame de Lourdes

We would love to see your photos of you taking part and these can be shared on either Facebook or instagram - [shrewsburyvirtualwalktolourdes](https://www.instagram.com/shrewsburyvirtualwalktolourdes). You'll also be able to see updates of where we are on our journey.

Please ensure you remain COVID19 safe and note that all participants taking part do so at their own risk.

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Individuals participating in the 'Walk5 Pray5 Donate5' initiative should be mindful if they are walking with others, such as friends or family members, that you should be aware of individual needs and abilities. If such individuals wish to fundraise and then donate any funds raised, these can be donated using the link provided.

Any groups wishing to undertake this walk as an organised parish group will be required to undertake a parish risk assessment before doing so. A suitable form can be obtained via your Parish Safety Representative.

Photograph Disclaimer

All photos shown and shared will be those posted by individual participants or those already available in the public domain.

If you do not wish any photos of yourself or loved ones to be published or to be removed, please contact us on events@teamshrewsbury.co.uk or text/call 07451 249267

We do not wish to cause upset to anyone but to share and remember precious and happy times.

COVID19

In light of the ongoing COVID19 pandemic, please ensure you remain COVID19 and check the government website to ensure you are following the most up to date guidance - www.gov.uk/guidance/covid-19-coronavirus-restrictions-what-you-can-and-cannot-do

